

# Cadence B. Mayrand

Stage Manager  
www.cadencemayrand.com

## PROFESSIONAL STAGE MANAGEMENT

|         |                                          |                                                        |
|---------|------------------------------------------|--------------------------------------------------------|
| PSM     | <i>Beehive: The 60s Musical</i>          | Tent Theatre   Dir: Sarah Wiggin                       |
| PSM     | <i>Around the World in 80 Days</i>       | Tent Theatre   Dir: Karen Sabos                        |
| ASM     | <i>Cinderella</i>                        | St. Louis Ballet   Art Dir: Gen Horiuchi               |
| ASM Sub | <i>Rosencrantz &amp; Guildenstern...</i> | STL Shakes.   PSM: Kathryn Ballard / ASM: Lexi Sims    |
| PSM     | STL Theater Circle Awards                | The Rep STL   Prod. Manager: Jayson Lawshee-Gress      |
| ASM     | <i>The Nutcracker</i>                    | St. Louis Ballet   Art Dir: Gen Horiuchi               |
| PA      | <i>The Cottage</i>                       | The Repertory Theatre of St. Louis   Dir: Risa Brainin |
| PSM     | <i>Mary Poppins</i>                      | Grandstreet Theatre MT   Dir: Sarah Butts              |

## SARGENT CONSERVATORY STAGE MANAGEMENT

|     |                                       |                                               |
|-----|---------------------------------------|-----------------------------------------------|
| PSM | <i>The Lightning Thief</i>            | Dir: Cade Sturgeon                            |
| PSM | <i>The SpongeBob Musical</i>          | Dir: Lara Teeter                              |
| PSM | Webster University Dance Ensemble '25 | Art Dir: Xi Zhao                              |
| PSM | <i>Our Dear Dead Drug Lord</i>        | Dir: Amalia Pérez Lam                         |
| ASM | <i>Ride the Cyclone</i>               | Dir: Lara Teeter / PSM: Emma Fletcher         |
| ASM | <i>Blood at the Root</i>              | Dir: Rayme Cornell / PSM: Courtnee Rouse      |
| ASM | <i>Myths and Hymns</i>                | Dir: Evangeline Whitlock / PSM: Caroline John |

## RELATED EMPLOYMENT

|              |                           |                                          |
|--------------|---------------------------|------------------------------------------|
| Programmer   | WU Dance Ensemble '26     | LD: Kinsey Moore                         |
| Programmer   | <i>In a Word</i>          | LD: Eve Garty                            |
| LX Board Op. | <i>The Spitfire Grill</i> | LD: Spencer Roe-Weaver                   |
| LD/ASM       | <i>Sweeney Todd...</i>    | Summit Theatre Group   Dir: Brad Rackers |
| Barista      | Dutch Bros Coffee         | April 2023 to Current                    |

## SKILLS

Google Workspace, Microsoft 365, QLab, Piano, MO Driver's License, Intermediate Spanish, Beginner American Sign Language, Children's Theatre Experience, Acting/Directing Experience, Stage Makeup (including SFX), Compound Bow Archery

## EDUCATION

BFA in Stage Management at Webster University's Sargent Conservatory of Theatre Arts, May '26  
Minor in Spanish '24

## REFERENCES

**Evangeline R. Whitlock**  
Stage Management

**Lara Teeter**  
Musical Theatre/Director

**Karen Sabos**  
Director/Performer